

WRAP-AROUND CARE MENU SUMMER 2023



Breakfast Club

Monday

Cereal

GF Rice Krispies
Rice Krispies
Weetabix
Cornflakes
Rice Krispie Shapes

Toast GF and 50/50 Bread

Honey
Jam
Marmite
Vegan Spread

Drink

Apple Juice
Orange Juice
Water

Yoghurt

Tuesday

Cereal

GF Rice Krispies
Rice Krispies
Weetabix
Cornflakes
Rice Krispie Shapes

Toast GF and 50/50 Bread

Honey
Jam
Marmite
Vegan Spread

Drink

Apple Juice
Orange Juice
Water

Yoghurt

Wednesday

Cereal

GF Rice Krispies
Rice Krispies
Weetabix
Cornflakes
Rice Krispie Shapes

Bagel Wednesday

Honey
Jam
Marmite
Vegan Spread

Drink

Apple Juice
Orange Juice
Water

Yoghurt

Thursday

Cereal

GF Rice Krispies
Rice Krispies
Weetabix
Cornflakes
Rice Krispie Shapes

Toast GF and 50/50 Bread

Honey
Jam
Marmite
Vegan Spread

Drink

Apple Juice
Orange Juice
Water

Yoghurt

Friday

Cereal

GF Rice Krispies
Rice Krispies
Weetabix
Cornflakes
Rice Krispie Shapes

PanCake Friday

Maple Syrup

Drink

Apple Juice
Orange Juice
Water

Yoghurt

After-School Club

Monday

Mains

GF Sausage Rolls
Sausage Rolls
Cheese and Onion Rolls
Veg Nuggets

Sides

Tortilla Chips
Carrots
Peppers
Dip (Houmous -
Ketchup and Mayo
mixed)

Tuesday

Mains

Free From Pizza
Pizza

Sides

Tortilla Chips
Cucumber
Carrots
Dip (Houmous -
Ketchup and Mayo
mixed)

Wednesday

Mains

Cocktail sausages
GF Quiche
Veggie Quiche
Quiche

Sides

Tortilla Chips
Tomatoes
Peppers
Dip (Houmous -
Ketchup and Mayo
mixed)

Thursday

Mains

Pasties
GF Sausage Rolls
Sausage Rolls
Veg Nuggets

Sides

Tortilla Chips
Cucumber
Peppers
Dip (Houmous -
Ketchup and Mayo
mixed)

Friday

Mains

Free From Pizza
Pizza

Sides

Tortilla Chips
Cucumber
Tomatoes
Dip (Houmous -
Ketchup and Mayo
mixed)